



Picture by: Melissa Jennings at Stockpiling Moms

BANANA PALM TREES

This recipe with beach vibes will make you feel like you are vacationing at a tropical beach!

*Tip: This recipe can be served as a snack or dessert.

Serves: 2

Serving: 1 palm tree

WHAT YOU WILL NEED:

- 1 large plate
- 2-3 kiwis
- 1 banana
- 1-2 mandarin oranges

APPROXIMATE COST:

- Total Cost: \$1.02
- Cost per Serving: \$0.51

INSTRUCTIONS:

1. Peel Kiwi and slice from top to bottom into wedges. *Refer to picture if needed*
2. Peel banana and cut it down the center length-ways. On a chopping board cut each half into 1 inch slices.
3. Slide your knife underneath and place them onto the center of plate. Arrange them as two trunks
4. Peel oranges, separate into individual slices and place below the banana "trunks".
5. Place kiwi slices above the banana "trunks" so that they look like palm tree leaves.
6. If not serving immediately, store the fruit separately and put the trees together right before serving.

NUTRITION FACTS:

- Calories: 123 Cal
- Carbohydrates : 31 g
- Protein: 2 g