



Picture by: Pinterest

# KIWI TURTLES

Try this adorable recipe that will make green fruits more appealing for your little one!

\*Tip: Cut the fruit as instructed in the recipe and have your child help to build the turtles.

**Serves:** 2

**Serving:** 1 Kiwi Turtle

## WHAT YOU WILL NEED:

- 1 kiwi
- 6 grapes or 5-6 blueberries

## APPROXIMATE COST:

- Total Cost: \$0.49
- Cost per Serving: \$0.25

## INSTRUCTIONS:

1. Peel a kiwi and slice it halves.
2. Cut rounder ends off of kiwi to make both sides flat.
3. Place on a medium-sized plate about 5 inches apart.
4. Cut the grapes or berries into four equal pieces and place around .
5. For the turtle heads, remove the curved end of two grapes and set the rounded ends aside.
6. For the eyes, make two small holes using the tip of the knife and place a kiwi seed in each hole.
7. Use the rounded ends to make a small triangular tail and place it on the backside.
8. Enjoy!

## NUTRITION FACTS:

- Calories: 35 Cal
- Carbohydrates: 9 g
- Protein: 1 g